Go for a 20minute walk. On your return, write a prose narrative in which you experiment with the narrative conventions of point of view, stream of

consciousness and other language features to shape reader response.

Write a page of prose narrative in the same rhythm and pace as your

walk. Write in first or third person narrative but allow that narrative to be interrupted by stream of consciousness at times. If you choose first person narrative, allow the first person ‘I’ to be you or to morph into a fictional ‘I’; that is, a character who refers to himself or herself as ‘I’

but who is not necessarily you.

Allow the reader an understanding of what you or your character sees, feels and thinks about while walking. Use a combination of literal and

metaphorical description.

Reflect on your piece of writing:

* What issues, if any, are raised by what you or your character sees?
* What issues, if any, are raised by what you or your character feels?
* What did you think and what issues, if any, are raised by what you or your character thought?
* What do we learn about ourselves through this activity? (Discuss the aspects of sensation and thought, of seeing and feeling, physically, on the one hand and thinking or feeling, emotionally, on the other hand.)
* How does what you have written suggest your character?
* How could you make your sentences more succinct? Your paragraphs more structured?
* Why did you prefer first person narrative to third or vice versa?
* How useful was the stream of consciousness technique?
* Discuss this reflection with a peer.
* Write out your prose narrative again, adding and deleting until you have exactly what you want in it. Let the story develop but do not feel as though you have to reach the end of the narrative.